



MARYLAND MILESTONES

URBAN OUTDOOR ADVENTURES



Maryland Milestones /Anacostia Trails Heritage Area may be located just a few miles from Downtown Washington D.C. within a major metropolitan area, but a surprising feature is the variety of outdoor urban adventures. Protected watersheds and community parks merge with trails and open spaces to create a wide variety of activities for every level of outdoor enthusiast.

As one of the best urban trails in America, the **Anacostia Tributary Trails System** links Washington D.C.'s "Yards Park" via the Anacostia River Trail to **Bladensburg Waterfront Park** and beyond into the Heritage Area. Encompassing over 60 miles of trails, the system is family friendly with level paths and beautiful scenery. Ideal starting points are Bladensburg Waterfront Park or **Lake Artemesia**, a great fishing, birding, and community space. Start at the Maryland Milestones Heritage Center to be near the **Rhode Island Avenue Trolley Trail**. And don't miss the **Washington, Baltimore, & Annapolis Trolley Trail** between Glenn Dale and the Patuxent River in Bowie.



From learning to walk to learning to ride, trails and playgrounds around the Heritage Area are a unique treat for our young visitors. Try the Rhode Island Avenue Trolley Trail or the paths in Historic Greenbelt for safe, level locations.

Bladensburg Waterfront Park also has bike rentals, kayak and canoe rentals, as well as boat launches and weekly pontoon boat rides. Be sure to pick up a **Anacostia Water Trail Map** before exploring. On the Patuxent River, Laurel's **Riverfront Park** is a relaxing trail landscape along the river, while in Bowie the **Governor Bridge Natural Area** includes a canoe launch on to the lower Patuxent River. Also along the Patuxent, the **National Wildlife Visitor Center at the Patuxent Wildlife Research Refuge** provides outdoor tram tours, bird viewing, hiking, fishing, and public programs.



From bikes to boats, getting outdoors is easy in the Heritage Area. Join Maryland Milestones for a monthly bike ride or take a boat tour at Bladensburg Waterfront Park.

Prince George's County has a variety of great playgrounds, parks, and community sites. For example, **Dinosaur Interpretive Site** near Laurel allows fossil digging; **Ellen Linson Pool/Wells Ice Rink** in College Park a place to swim or skate; and Berwyn Heights' **Indian Creek Playground** has a Native American theme. All are operated by Maryland-National Capital Park and Planning Commission.

Many of our communities have their own parks, too. The City of Greenbelt operates **Buddy Attick Park** with a lake, playground, and walking trails. Hyattsville's **Magruder Park** has acres of playing fields, playgrounds, and connections to the Tributary Trails. The City of Bowie has **Allen Pond Park**, while the City of Laurel has **Granville Gude Park**.

Finally, if you want to sleep under the stars, the closest tent camping in the D.C. area is at **Greenbelt National Park**. Camping, hiking, and regular interpretive programs are offered. If you prefer a recreational vehicle, **Cherry Hill RV Park** in College Park is a popular option with bus service to the nearby Metro station.

MARYLAND MILESTONES HERITAGE CENTER

4318 Gallatin Street, Hyattsville, MD

One block from the Rhode Island Avenue Trolley Trail and located in the Pyramid Atlantic Arts Center

Start your exploration of the Anacostia Trails Heritage Area at the Maryland Milestones Heritage Center! With brochures, exhibits, and a rotating event schedule, the Heritage Center is a great starting place in historic Hyattsville. Our partners work to preserve and promote the history, art, culture, and natural resources of northern Prince George's County, Maryland, located just outside Washington, D.C. With a wide variety of historic sites, arts centers, trails and rivers, and nineteen participating local governments, the Anacostia Trails Heritage Area is a unique experience for visitors and residents. Our participating communities in Maryland are:

- Beltsville
- Berwyn Heights
- Bladensburg
- Bowie
- Brentwood
- Cheverly
- College Park
- Colmar Manor
- Cottage City
- Edmonston
- Glenn Dale
- Greenbelt
- Hyattsville
- Laurel
- Mount Rainier
- North Brentwood
- Riverdale Park
- University Park
- Prince George's County

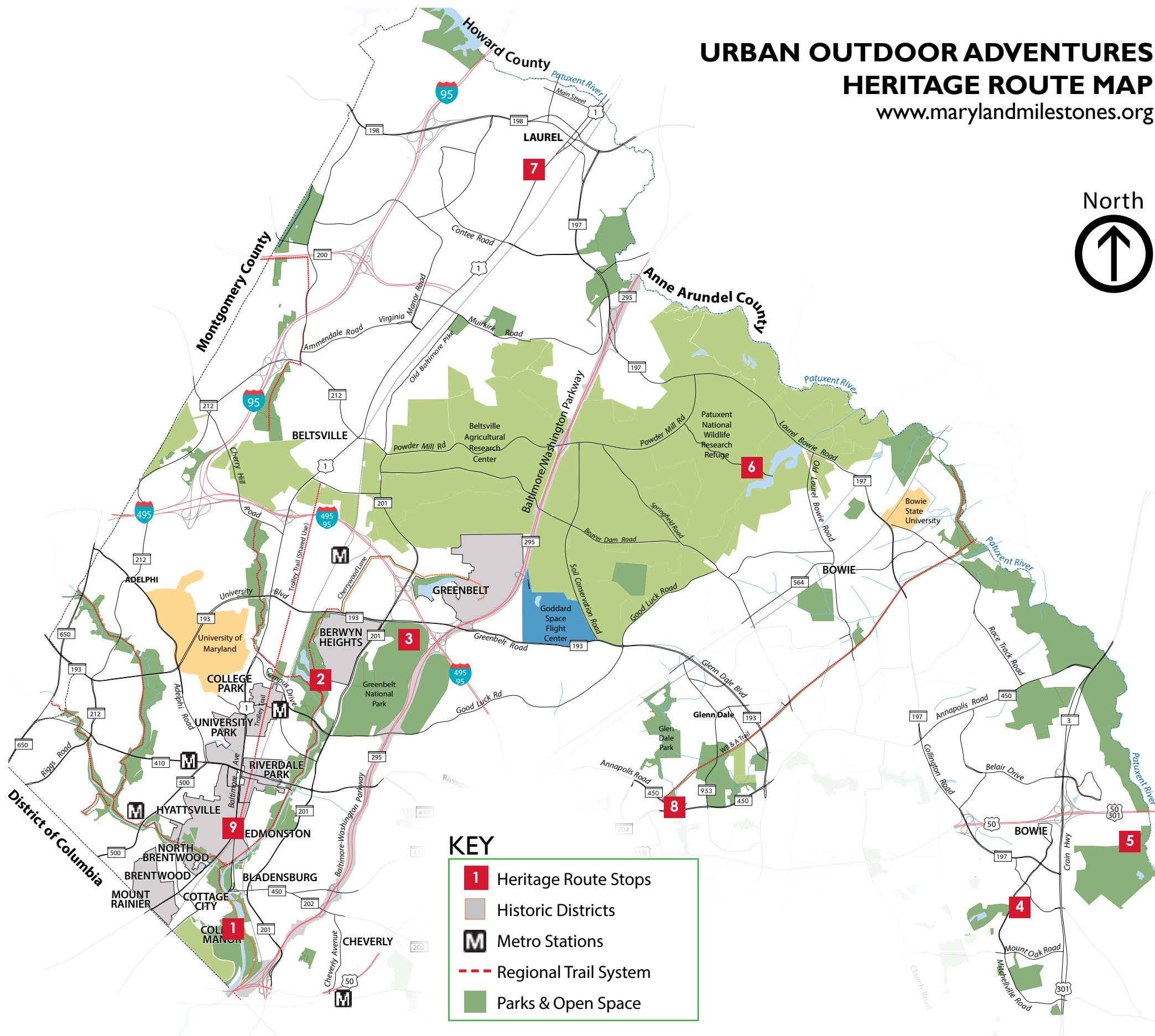


HERITAGE ROUTES

The following Heritage Routes are tours which connect multiple sites and themes. They can be accessed by foot, bike, or vehicle. Brochures for select routes are available at the Maryland Milestones Visitors Center or find all of them at www.marylandmilestones.org.

- **Linking the Nation: Transportation & Communication**
- **From Hot Air Balloons to Steps on the Moon**
- **Main Streets & Miracle Miles**
- **Farms & Fields: Agriculture Heritage**
- **Urban Outdoor Adventures**
- **Painting the Town: Arts & Humanities**
- **Festivals & Farmers Markets**
- **Battle of Bladensburg Walking Tour**

URBAN OUTDOOR ADVENTURES
HERITAGE ROUTE MAP
www.marylandmilestones.org



KEY

- 1 Heritage Route Stops
- Historic Districts
- M Metro Stations
- Regional Trail System
- Parks & Open Space

1 Bladensburg Waterfront Park
(Trailhead for Anacostia River Trail)
4601 Annapolis Road, Bladensburg, MD
Operating Hours: Daily 8:30-5
301-779-0371 / www.pgparcs.com

2 Lake Artemesia & Tributary Trails System
Berwyn Road & 55th Avenue, Berwyn Heights, MD
Operating Hours; Daily, Sunrise-Sunset
301-627-7755 / www.pgparcs.com
(additional trailheads: Adelphi Mill, Magruder Park)

3 Greenbelt Park (National Park Service)
6565 Greenbelt Road, Greenbelt, MD
Operating Hours: Daily, Sunrise-Sunset
301-344-3944 / www.nps.gov/gree
(Camping schedule varies)

4 Allen Pond Park (City of Bowie)
3330 Northview Drive, Bowie, MD
Operating Hours: Daily, Sunrise-Sunset
301-809-3011 / cityofbowie.org

5 Governor Bridge Natural Area
7600 Governor Bridge Road, Bowie, MD
Operating Hours: Daily, 8a - Sunset
301-627-6074 / www.pgparcs.com

6 Patuxent Wildlife Research Refuge
(National Wildlife Visitors Center)
10901 Scarlet Tanager Loop, Laurel, MD
Operating Hours: Mon-Wed, 9-4:30; Fri-Sun, 9-4:30
301-497-5760 / www.fws.gov/refuge/Patuxent

7 Granville Gude Park (City of Laurel)
8300 Mulberry Street, Laurel, MD
Operating Hours: Daily, Sunrise-Sunset
240-294-1302 / cityoflaurel.org

8 WB&A Trailhead
(Prince George's County Parks and Recreation)
10100 Annapolis Road, Lanham, MD 20706
Operating Hours: Sunrise to Sunset
301-699-2255/www.pgparcs.com

9 Maryland Milestones Heritage Center
(Located near Rhode Island Avenue Trolley Trail)
4318 Gallatin Street, Hyattsville, MD
301-887-0777 / info@marylandmilestones.org
Operating Hours: Tue-Sat, 10-5; Sun 12-5

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Photos: Kayak, Owl, Boats, Bikes, Playground S.L. Rogers; Bike Sunset, Millie Tansil; Bridge, M-NCPPC/Cassi Hayden; Tents, NPS; Slide, James Wilkenson